

## **THE INTIMATE RELATING EZINE**

By Yvonne Chase – The Single Woman’s Cheerleader, Dating & Relationship Coach

<http://www.availableandhappy.com>

**Your guide to, “Living the life that you love, Attracting the Love of your Life and Keeping the Love you find!”**



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### **1. WELCOME**

Hello Intimaterelaters,

How are you? In our last issue, I talked to you about Duty Dating. I went back to the relationship talk where I first heard of this concept and my skin cringed when I heard the creator explain Duty Dating. In her words exactly she said, “Duty Dating is going out on dates with guys you hope die on the way to the rest room.” Yikes! I asked for your thoughts on Duty Dating and here is what some of you had to say:

“I agree with you on the duty dating thing ... but have been guilty in the past of accepting dates just so I'd have something to do on a Saturday night! Only recently did I finally realize that I really would have a much better time by myself, reading one of the thousands of books I have stacked up by my bed, or catching a chick flick with a good female friend, hanging out in a book store (to add to the tower of books by my bed!), or even rearranging the shoes in my closet! How awesome to meet a like-minded, self-empowered, bright woman! I, too, trust that God will bring the right man at the right time -- in His timing -- although sometimes I may get impatient! But settling or even "second best" just isn't good enough!”

“Are you serious?!!! Duty Dating?!! Come on! That's the problem now - all these games brothas and sistas play! I'm SO tired of all the nonsense and B.S.!!!! Why can't people just DATE?!! Call me old-fashioned, call me crazy but I don't have time to be wasting on just "hanging out" with people I'm not remotely interested in or who I don't care about. I mean how RUDE!!! I agree with you "do unto others." If people stopped "acting" all the time and started "working" on their relationships there wouldn't be so much foolishness going on with relationships! Stop all the drama, stop all the games and stop this stupid "duty dating" and just love, respect, like, enjoy and cherish one another's company!!”

“WOW! What a powerful article. You are absolutely right about the Golden Rule. I honestly never thought about it like that. This is great stuff!!”

One more thing before I go. I would like to say a big “Congratulations” to Cynthia one of our readers and my dear friend who recently gave birth to a gorgeous baby girl two days shy of her 45<sup>th</sup> birthday. If you are one of those single women concerned about your clock ticking or your eggs rotting and getting old, stop the madness. Cynthia and so many other women are proof that you can have healthy babies later on in life. Anything is possible on God’s calendar.

Coach Yvonne  
The Single Woman's Cheerleader  
[www.availableandhappy.com](http://www.availableandhappy.com)

## 2. **ASK COACH YVONNE**

**Q:** I am desperate and in need of some help. After praying and holding on to faith for the last 8 months I find myself still without the woman that I love more than life itself, my wife. Yes I had an affair. My wife has refused to allow me a second opportunity to love her the way that she deserves to be loved. My wife means the world to me, but because of my error in judgment I am paying a terrible price. My life has been a nightmare ever since. Am I being naive in waiting for my wife to have a change of heart and allow me a second chance? Please help me with some or any type of advice.

**A:** Dear desperate and in need of some help, I feel your pain and am really sorry that you are going through it however, you made your bed and now you must lie in it. Are you being naïve? Only time will tell. Eight months might seem like a long time to you but it may not be enough time for your wife to get over, under and through your betrayal of trust. It's very hard, but not impossible, to trust someone after they have cheated on you. Have you confessed to your wife and asked forgiveness? I also hope you have cut off all ties with the other woman. All you can do right now is continue to pray asking God to change her heart and give you peace. I wish you well.

## 3. **FEATURE ARTICLE: 42.4%**

I need to get something off of my chest. I'm tired of the games black men and black women are playing with each other. I'm tired of the stringing along, pretending, dishonesty and drama that many of us are experiencing in our quest to attract true love. It seems to me that in our dating and relating, we forget to honor the Golden rule, "Do unto others as you would have them do unto you." Along with the Golden Rule, we must also remember the principle of sowing and reaping. "A man reaps what he sows in every area of his life including dating and relating."

I don't know what's happening in other communities but if we in the black community continue on this path of stringing each other along, playing games, not living by the Golden Rule and forgetting the principle of sowing and reaping in our dating and relating, the 42.4% of African-American women who have never married will continue to rise and instead of seeing husbands, wives and families, we will continue to see a parade of baby mamma's and baby daddy's. This is not a part of God's original plan or design for our lives. God's original plan includes sexual purity and marriage.

My pastor, Bishop Blake of West Angeles Church of God In Christ recently spoke on the importance of marriage and he agreed with me that the black family and the black community are in serious trouble. According to him, the black family is in a critical and alarming state. Below are some of the stats he spoke in his sermon:

- 48% of black households have a father and a mother living together in the home with their children compared to 83% in white households.
- Single individuals lead 52% of black families. 43% of the 52% are women and 9% are male. 18% of white families are headed by a single parent.
- 58% of black female-headed families live in poverty. Over half of the children in black female-headed families are in poverty making less than \$25,000/year for the household.

- The percentage of black female-headed families is 17% greater than the number of white female-headed families in that income category. 30% of black children live in poverty as opposed to 10% of white children. Seymour Institute
- The Seymour Institute study indicates that from 1985 to 2001, 60-70% of children born in the black community were born to single parents.
- 800,000 black men are in jail.
- 40% of the total prison population is black while only 12% of the general population is black.
- We represent 50% of all new HIV cases.
- Black men are nine times as likely to have HIV and AIDS as white men and black women are 23 times more likely to have AIDS than white women.
- Injection drug use, homosexuality, living on the Down-Low, other forms of immoral sexual involvement and illegal drug use are dragging us down into death and destruction. "There is a way that seems right to a man (or woman) but the end is death and destruction."
- There are 17,000 murders every year in the USA. A youth is murdered every 4½ hours.
- 45 million legal abortions have taken place since 1973. Black women are 4x as likely to have an abortion than white women. 65% of those who have abortions have never been married.
- Traditional marriage seems to be decreasing. Less than 50% of US households are now composed of married couples. The majority of individuals in the US are either living alone or with someone to whom they are not married.

"The biblical pattern of loving husbands and loving wives living faithfully together, loving, guiding and protecting their children, loving and reverencing God can constitute a basic building block for a renewed and transformed society. Our community will never get it together until we get the family together, we will never get the family together until we get our behavior together, and until we get marriage together. A renewed commitment to sexual purity, to marriage, to marital fidelity can impact every negative statistic mentioned above."

Something to think about...

#### 4. **THINK ABOUT IT!**

"Excellence is not a singular act, but a habit. You are what you repeatedly do." Unknown

#### 5. **ABOUT COACH YVONNE**

Dating & Relationship Coach Yvonne Chase affectionately known as "The Single Woman's Cheerleader" is the creator of the life changing course, Stop Looking, Start Attracting. If you liked this month's issue, you'll LOVE this step-by-step course, guaranteed to be the most complete and enjoyable guide to living the life you love and attracting the love of your life. Browse its contents and reader reviews now at

[http://www.availableandhappy.com/sitedocs/classes\\_offered.htm](http://www.availableandhappy.com/sitedocs/classes_offered.htm). Coach Yvonne also offers FREE articles, workshops, and other resources to help single women live the life that they love. Learn more now at [www.AvailableandHappy.com](http://www.AvailableandHappy.com)

#### 6. **WHAT IS MY MISSION?**

My #1 mission is to create a movement of Available and Happy Christian single women who celebrate living single. I want Christian single women all over the world to embrace living single,

accept living single and take total advantage of this season in life. Our single years can provide unique opportunities that may not show up later in life. The time, energy, and material resources that we can devote to these opportunities - and the spontaneity and intensity with which we can do so - are typically much greater during our single years than they are after we marry and start families.

My #2 mission is to bring the climbing divorce rate to a screeching halt by teaching single women dating and relationship skills via the STOP LOOKING – START ATTRACTING program. This program will help you become clear about who you are, what you want and how to get what you want in your life and relationship. The first step in making a love connection is being the best, happiest most fulfilled YOU that you can be. Remember, 1 Whole Person + 1 Whole Person = 1 Whole Union!

## **7. INVITE COACH YVONNE TO SPEAK**

Coach Yvonne is available to speak at your church, college campus, women's conference, and singles group, human resources organization or other special event. She can speak on a variety of topics related to singles, couples, communication, dating, living single, improving work relations and so much more. Read what one organization had to say about Coach Yvonne:

"Yvonne is indeed a savvy single, high energy, polished professional and force to be reckoned with. She sets the atmosphere as an expert, taps into the need of the group and captivates her audience with her engaging presentation. To come in contact with Yvonne is to know and appreciate a strong Christian woman of faith who is living on purpose and utilizing her God given gifts, talents and abilities to impact and change the lives of single women all over the world. Yvonne has a powerful message that every single person needs to hear today!" Michelle Collins – Living Word Worship Center—Los Angeles, CA

"You did a great job on Wednesday. We loved your presentation. Your delivery made everyone in the room feel as though they were listening to their best girlfriend. You were funny, inviting and straight to the point. We look forward to working with you again very soon. " La' Tanya Martin – W.I.M.E.N

Send all inquiries to [coachyvonne@availableandhappy.com](mailto:coachyvonne@availableandhappy.com) or call (877) 7 -**RELATE** (773-5283)

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